

**"Forward Together" NAMI Utah Conference Agenda
September 30 2021, VIRTUAL**

9:00 - 9:10 am	Welcome		
9:10 - 10:00 am	Keynote Speaker: Owen Ashton, 1 CEU		
10:00 - 10:10 am	Stories of Mental Health: Anna (available on all track links)		
TRACKS	Community Resources-NAMI Utah	Wellness and Resilience	Suicide Prevention
10:10 - 11:00 am	NAMI In Our Own Voice, Insights Into Living with a Mental Health Condition, Hannah Norton and Josie White, 1 CEU	#DOTHEIMPOSSIBLE: Resilience, Jason Michaels, 1 CEU	My Life is Worth Living, Anne Brown, President of the Cook Center for Human Connection, 1 CEU
11:00 - 11:30 pm	NAMI Awards, Annual Meeting, Announcements		
11:30 - 12:20 pm	NAMI Utah Programs Overview, Robin Holcomb, NAMI UT Programs Director, 1 CEU	Creating Your Wellness Hub, Kristen Floyd, LCMHC, 1 CEU	Best Practices for Gender Affirming Care: Suicide Prevention for Gender Diverse Communities, Ariel Malan, MHA, 1 CEU
12:20 - 12:30 PM	Stories of Mental Health: Abby		
12:30 - 1:20 PM	NAMI Advocacy, Rob Wesemann, NAMI UT Executive Director, 1 CEU	Practicing Law as a Person with Bipolar I Disorder, Kenneth Lougee, JD, 1 CEU	Suicide Prevention 2021-2026, the New State Plan, Carol Ruddel, Administrator, Division of Substance Abuse and Mental Health, 1 CEU
1:20 - 1:30 PM	Turn in Electronic Evaluations and Applications for CEUs emailed to christene@namiut.org		