

## **NAMI Utah Field Experience Internship**

**Position:** Social Group Field Experience Internship

**Reporting to:** Mentoring Program Director

**Status:** Three positions available; each position is for 2 – 2 ½ hours/week

**Location:** North Valley Behavioral Health Basement Dining Area  
1020 S Main Street Salt Lake City Utah 84101

**Position Summary:** Engage and interact with individuals with mental illness who are participating in NAMI's weekly Social Group. Assist NAMI mentors with group activities. Group is held every Thursday from 11:30 am to 1:30 pm excluding holidays.

### **Scope of Responsibilities:**

- A. Review information about NAMI programs including free education classes and support groups prior to attending first Social Group session.
- B. Talk with individuals that have come to participate in the group. This includes taking note of individuals who may be by themselves or not otherwise engaged in conversation.
- C. Interact with individuals by playing various games including board games and card games. May also engage participants through the use of art supplies when available.
- D. Provide a listening, empathetic ear to individuals dealing with mental health issues.
- E. Advise supervising NAMI mentor(s) of needs expressed by participants such as food, shelter, housing, etc.
- F. Immediately notify supervising NAMI mentor(s) of impending crisis situations including any expression of thoughts of harm to self or others by individuals participating in the group.
- G. Maintain appropriate boundaries while interacting with group participants.
- H. Set up/take down duties include washing tables, getting supplies out of the storage cupboards and setting them out on tables, restocking supplies, (cups, plates, napkins, etc.) as needed during group time, and replacing all items back into the cupboards when the group is done. Set up begins at 11:15 am.
- I. Participate in short debriefing session with NAMI mentor(s) at the end of each group.
- J. Notify mentoring program director of anticipated absences.

### **Qualifications:**

- A. Currently enrolled in a university/college psychology, social work, family studies, or similar program.

### **Skills and Abilities:**

- A. Strong interpersonal skills and the ability to work with diverse and at-risk populations.
- B. Ability to listen empathetically.
- C. Ability to remain calm in crisis situations.
- D. Ability to professionally handle confidential or sensitive information.
- E. Adherence to appropriate boundaries.
- F. Ability to recognize and seek out assistance when needed.
- G. Dependable and punctual.

### **How to Apply:**

A meeting with the supervisor for the NAMI mentoring program is required. Please contact Jackie Rendo at 801-869-2872 or [jackie@namiut.org](mailto:jackie@namiut.org), Wendy Fayles at 801-869-2873 or [wendyf@namiut.org](mailto:wendyf@namiut.org).